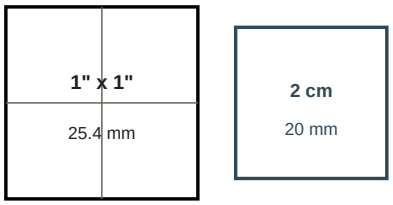
Quilted Insulated Oven Mitt

Skill: Confident Beginner | Time: 45–60 min | Seam Allowance: 3/8" (9.5 mm) Included

PROJECT SPECIFICATIONS

Finished Size:	7.25" W × 11.75" L (fits adult left or right hand) (18.4 × 29.8 cm)
Sizes Included:	Universal Adult Fit (reversible pattern works for left & right hands)
Fabric Weight:	7–10 oz cotton canvas or quilting cotton + 100% cotton batting +
Needle & Stitch:	90/14 Quilting or Jeans needle | 3.2 mm diamond quilting · 2.5 mm
Pattern Tiles:	4 printable tile pages (2 col x 2 row)

SCALE CALIBRATION TEST SQUARES



Print at Actual Size (100%) in Acrobat/Preview. Measure both boxes before cutting fabric.

HEAT-PROTECTION RULE: Insul-Bright reflects radiant heat but MUST be paired with at least one layer of 100% cotton batting on each side to block conductive heat from cast-iron handles. Never put an oven mitt containing metallic Insul-Bright inside a microwave.

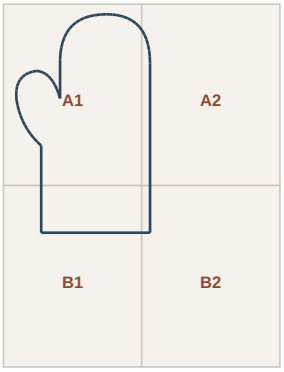
CUTTING CHART (IMPERIAL & METRIC — ROTARY CUT OR TRACE TILES)

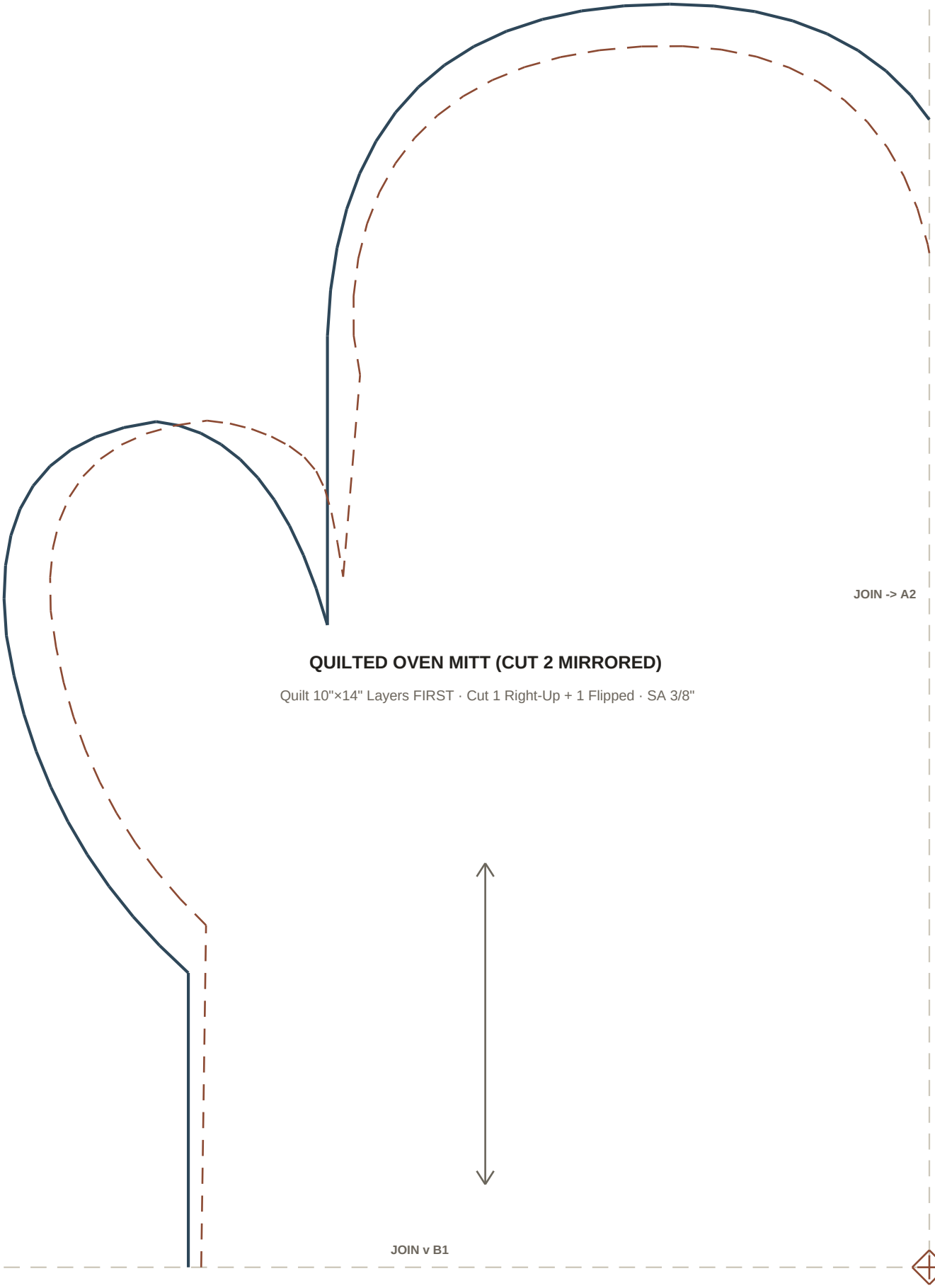
Piece	Qty	Inches (W x H)	Metric (cm)	Fabric
Pre-Quilted Sandwich Squares (per mitt)	Build 2	10" x 14"	25.4 x 35.6 cm	Outer + 2× Cotton
Cuff Bias Binding (per mitt)	Cut 1	0.5" x 16"	1.3 x 40.6 cm	1/2" Double-Fold C
Hanging Loop (per mitt)	Cut 1	0.5" x 5.5"	1.3 x 14.0 cm	Cotton Bias Tape o

MATERIALS & SUPPLIES

- 1/2 yard (0.5 m) 100% cotton exterior fabric (yields 2 quilted mitts)
- 1/2 yard (0.5 m) 100% cotton lining fabric
- 1/2 yard Insul-Bright thermal batting + 1/2 yard 100% cotton quilt batting
- 1 yard of 1/2" (13 mm) double-fold 100% cotton bias tape (for cuff binding & hanging loop)
- 50 wt 100% cotton thread

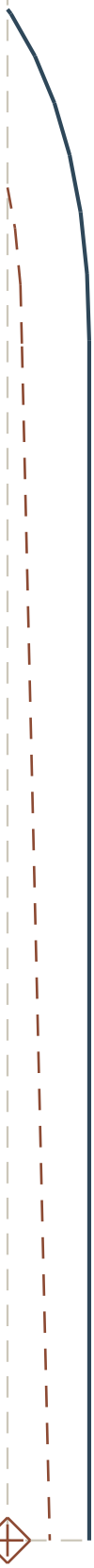
TILE ASSEMBLY MAP (2 x 2)



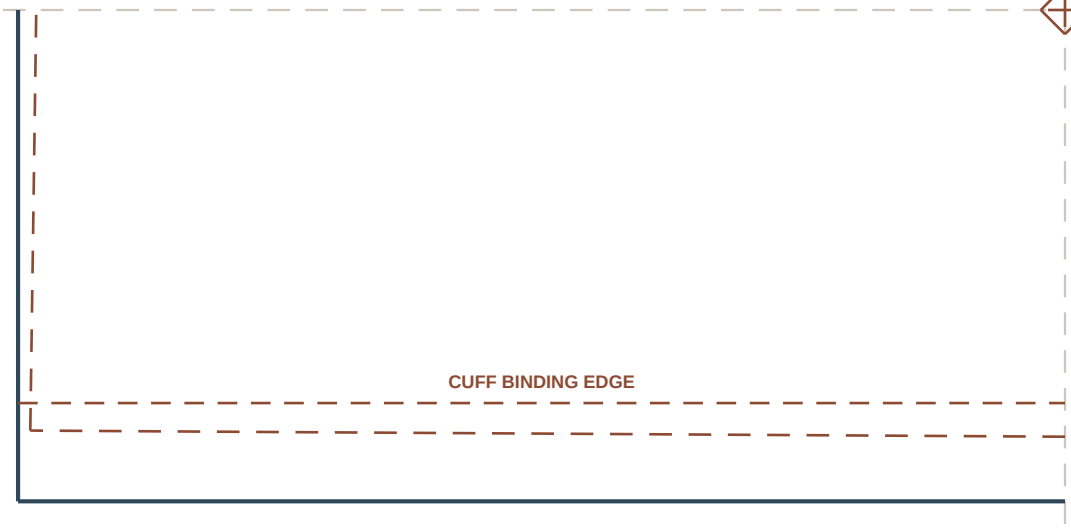


QUILTED OVEN MITT (CUT 2 MIRRORED)

Quilt 10"×14" Layers FIRST · Cut 1 Right-Up + 1 Flipped · SA 3/8"



JOIN v B2



JOIN -> B2

