Free Contoured Sleep Eye Mask PDF Sewing Pattern (Silk or Cotton)

Finished Size: 8" W × 3.75" H (adult contoured fit) (20.3 × 9.5 cm) | Seam Allowance: 3/8" (9.5 mm) Included

Recommended Fabric: 19–22 momme silk charmeuse, cotton lawn, double gauze, or soft quilting cotton | Needle: 70/10 Microtex for silk charmeuse · 80/12 Universal for cotton/linen

PRINT INSTRUCTIONS: Ask your copy shop to print at 100% Actual Size on A0 bond paper. Verify the 1" and 2 cm squares at right.



